

# find your zone menu

## massage zone

aromatic journeys purposefully curated with relaxing and stimulating blend of essential oils for deep wellbeing throughout the day and promoting optimal stress release.

### detox mda

#### AROMA-BLAST

swedish and neuromuscular techniques relieve muscular tension & lymphatic cupping and drainage encourages healthy circulation.

intense ritual with an apothecary choice of power packed essential oils to suit your needs.

(60min.) 395

(90min.) 525

### recharge aa

#### ANTI-FATIGUE

a gentle massage designed to stimulate the lymphatic system. a sweet orange massage oil enhances the effects and enhances the function of the body.

(60min.) 365

(90min.) 490

### deep aa

#### BODY KNEADS MASSAGE

relieves tight, stressed, and aching muscles. cross muscle fibre massage techniques, with stretching and draining, combined with black pepper, rosemary and ginger essential oils to warm & disperse the build up of lactic acid.

(60min.) 420

(90min.) 575

### sleep aa

#### PILLOW TALK

pressures relieve key areas of tension, layering of warm serum and cream sedates, calms and grounds, to induce a serious state of relaxation.

(60min.) 375

# find your zone

## menu

### body zone

remodeling and firming formulas rich in pure caffeine, microalgae and organic tamanu oil to detoxify, improve microcirculation and stimulate a slimming effect to contrast cellulite, improve skin tone and elasticity, and get back in shape.

### remodel aa

#### TONE & TRANSFORM

full body detox with five key stages: dry body brushing, stimulating sea salt & green coffee exfoliation, freshwater detoxifying mud mask, scalp & foot reflex massage. culminating in a 3 stage powered layering of essential oils to revive & nourish.

(90min.) 680

### detox mda

#### BEDOUIIN BLITZ

a sensorial experience with aromatic sweet orange citrus scrub and grapefruit based massage culminating in a radiant facial neroli.

(120min.) 925

### hydrate aa

#### UPLIFT ENRICHMENT

skin is exfoliated smooth then nourished and hydrated with a rose ritual from hair-to-toe. guided breathing to aid relaxation is followed by a full body exfoliation, softening the skin and allowing the layering cream, oil and gel seep deep into the skin.

(75min.) 700

# find your zone

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### face zone

active ingredients, combined with specialised pressure point massage techniques, release stress and tone muscles. skin, mind and emotions are balanced & revitalised.

#### age defying aa

##### REPAIR

double masks renowned for cell renewal and antioxidant effects for the harsh air-con and effects of the sun. natural oils of inca inchi and larch extracts to stimulate collagen formation to deliver firm and tightened skin with anti-inflammatory pomegranate and rosehip to slow down ageing.

(90min.) 585

#### relax aa

##### ULTIMATE

restore & recondition with power packed essential oils and plant extracts using specialized pressure point facial massage techniques. combined with an intense back massage addressing concerns of tension, stress or relaxation.

(60min.) 475

#### hydrate aa

##### ESSENTIAL

harnesses the regenerative properties to nourish, soften and hydrate all skin types, especially dry, delicate and finely textured complexions. boosts circulation and promotes cell renewal and regeneration, leaving your skin radiant, dewy and delicately scented. pressure point massage combined with lymphatic drainage releases facial tension and congestion. a hydrating facial mask culminates with a deeply moisturising facial oil and regenerative moisturiser.

(60min.) 395

#### deep cleanse aa

##### MATTIFY

an intensive treatment incorporating steaming, extraction and hot towel compresses, alongside facial massage and freshwater mud mask, leaving a super clean and fresh skin. eliminates dead skin-clogging cells, buffs away unwanted cells, draws impurities from deeper within pores.

(60min.) 425

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### organic zone

Regenerate your skin and our planet , by using organic, natural and effective ingredients from the most caring sources.

### mda authentic gateway

#### EXTRA ANCESTRY SIGNATURE

a time inspiration and tea vitalized by nature's beauty. a luxurious opening ceremony with cleanse and spritz foot. top and tail experience. green tea, mint and verbena cleanse and exfoliate the skin. lymphatic drainage massage detoxes and calms the senses culminating in a natural radiance facial.

(150min.) 1150

### mda nourish

#### FACIAL BY NATURE

a gentle facial treatment that draws on nature's treasures to thoroughly, yet gently cleanse the skin allowing it to breath again. total purification and regeneration.

(30min.) 235

(60min.) 380

### mda well-u

#### NATURE'S TOUCH

purifying, softening invigorating and maintains the epidermis. precious organic ingredients with multiple benefits create an ultimate skincare solution to ensure regeneration, moisturization and firmness of the face. with a purifying and nourishing rhassoul clay body wrap rich in minerals for an authentic natural wellbeing ritual.

(60min.) 475

# find your zone menu

## mantuary

designed specifically for the man who pushes himself to his physical limits, while still understanding how to properly care for his body and recover effectively.

### dynamic proverb

#### EXTRA ENERGY SIGNATURE

personalized full body manipulation on the parts of most concern to boost blood flow, ease tension in all areas pre or post workout or a tough day, with a full personalized facial.

(120min) 775

### deep proverb

#### TENSION BUSTER

intense massage focusing on your main concerned areas. upper back and arms to boost blood flow and endorphins, ease, tension in the sciatic area, lats and traps. or focus on quads, hamstrings and gastrocnemius.

(30min.) 295

(60min.) 415

(90min.) 585

### recovery proverb

#### STRESS BUSTER

remineralising, remodeling and firming treatment to boost the effects of your workout and release toxic /lactic acid build up post workout. restore lost vitamins and minerals thanks to brazilian clay and plankton extract.

(60min) 395

### detox proverb

#### DIGITOX

deeply cleansing and rehydrating with spectacular facial to release stress & a mask to pump back life.

(45min) 375

#### REMINERALISE

electrolyte foot soak and leg treatment for tired legs.

(30min.) 90

# add ons menu

## pressed for time

extra half hour add ons.

### detox

#### GET THE GLOW

a complete body detoxification, easing muscle aches with orange and sea salt, effectively stimulating the skin cells metabolism.

275

#### DIGITAL DETOX

mini facial of your choice to target concerns. step away from the computer, relax your eyes and enjoy the luxury of me time.

225/275

#### IT'S A WRAP

intensive, purifying and detoxifying thermal full body wrap.

190/205/225

### deep

#### MELTING POT

melt away the knots and release stress with deep back neck and shoulder massage.

225

### nourish

#### ELASTO-MASK

choose from a gel or pink clay mask for total hair, body and face.

395



# the elixir clinic menu

## about us

established in 2013 in london's medical district, the elixir clinic is an international wellness clinic recognised as market leaders in intravenous therapy with a presence across europe, the middle east and asia. the elixir clinic's treatment philosophy is to design a wellness lifestyle for clients which goes beyond a treatment. we curate tailor-made treatments to enhance vitality, wellbeing and longevity in a client-focused manner.

renowned for iv nutrient therapy, the elixir clinic's vitadrip® infusions are personalized for each client to promote prevention and vitality while enhancing overall wellbeing. vitadrip® infusions consist of a unique blend of essential nutrients (vitamins, minerals, amino acids, and antioxidants) brilliantly formulated to target anti-aging, detoxification, nutrient deficiencies, immune health, hydration, recovery support, gut health, cognitive health, and more.

## services

VIP ELIXIR	2,246	BUILD & RECOVER	1,010
ANTI-AGING	2,122	RADIANCE	763
ANTIOXIDANT	1,690	IMMUNE BOOSTER	652
FREQUENT FLYER	1,257	HYDRATION	639
SLIM & FIT	1,196	MYERS COCKTAIL	578



THE ELIXIR CLINIC